

Pre-K Snack Menu

January 2019

Menus subject to change due to availability of product.



THURS	3	Graham Bites & Fruit Juice, 4 oz
FRI	4	Goldfish Crackers (small) & Fruit Juice, 4 oz
MON	7	Cheez-It Crackers & Fruit Juice, 4 oz
TUES	8	Yogurt Cup, 4 oz & Scooby Crackers
WED	9	Goldfish Crackers (small) & Fruit Juice, 4 oz
THURS	10	WG Saltine Crackers, 2 pks(#9033) & Fruit Juice, 4 oz
FRI	11	<i>Dick & Jane</i> Crackers & Fruit Juice, 4 oz
MON	14	Graham Bites & Fruit Juice, 4 oz
TUES	15	Goldfish Crackers (small) & Fruit Juice, 4 oz
WED	16	Cheese Stick (#9055 OR #9007) & Fruit Juice, 4 oz
THURS	17	Cereal, 1 oz pkg & Milk
FRI	18	Animal Crackers & Fruit Juice, 4 oz
MON	21	<i>HOLIDAY</i> – No School
TUES	22	Cheez-It Crackers & Fruit Juice, 4 oz
WED	23	Yogurt Cup, 4 oz & Scooby Crackers
THURS	24	Goldfish Crackers (small) & Fruit Juice, 4 oz
FRI	25	<i>Dick & Jane</i> Crackers & Fruit Juice, 4 oz
MON	28	Graham Bites & Fruit Juice, 4 oz
TUES	29	Goldfish Crackers (small) & Fruit Juice, 4 oz
WED	30	Cheese Stick (#9055 OR #9007) & Fruit Juice, 4 oz
THURS	31	GIANT Cinnamon Goldfish Crackers & Fruit Juice, 4 oz

"USDA is an equal opportunity provider and employer."

There are many ways to divide the Daily Food Plan into meals and snacks. View the "Meal and Snack Patterns and Ideas" to see how these amounts might look on your preschooler's plate at www.choosemyplate.gov/preschoolers.html.

